

Michael Barnier

From: Natasha Marston [REDACTED]
Sent: Friday, 22 November 2024 11:42 AM
To: Michael Barnier; Vikki Ryall
Cc: House of Assembly - GAB
Subject: RE: Matters taken on notice - ADHD Inquiry - Hearing 18 October 2024

Follow Up Flag: Follow up
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Dear Michael,

Please find below the information and resource that Vikki and I undertook to share with the Committee following our appearance at the ADHD inquiry hearing. If either you or the Committee have any further questions, please don't hesitate to be in touch. Again, many thanks for the opportunity to meet and share our views and experiences about this important topic.

With thanks,

Natasha

headspace Telepsychiatry video, featuring Dr John Callary: [PHN and Lead Agency video](#)

Data

Number of Tasmanian young people with an ADHD diagnosis in FY 2024

102 young people who accessed a Tasmanian headspace centre in FY 2024, had ADHD recorded as a Primary and/or Other diagnosis on at least one occasion.

This represents **5%** of the 2,007 Tasmanian young people with diagnosis data recorded in FY 2024.

National Telepsychiatry services provided by headspace telepsychiatry for FY 2024 – All (not limited by diagnosis)

1. 83 Telepsychiatry appointments in Tasmania
2. 475 Telepsychiatry appointments in Victoria
3. 337 Telepsychiatry appointments in New South Wales
4. 312 Telepsychiatry appointments in South Australia

5. 103 Telepsychiatry appointments in Queensland
6. 52 Telepsychiatry appointments in the Northern Territory
7. 23 Telepsychiatry appointments in Western Australia

Number of young people with an ADHD diagnosis in FY 2024 who received at least one Telepsychiatry Occasion of Service, and the number of Telepsychiatry Occasions of Service provided, by State/Territory (Indication only)

Example of how to interpret this data: Approximately 7 Tasmanian young people who had an ADHD diagnosis recorded on at least one occasion in FY 2024, received at least one Telepsychiatry Occasion of Service in FY 2024. Collectively these young people received approximately 10 Telepsychiatry Occasions of Service in FY 2024. *(It is important to note that this is an estimate only, improved data points were introduced for the start of FY 2025 and more accurate data will be available moving forward.)*

Centre State	Serviced Young People	Occasions of Service
Victoria	52	84
New South Wales	30	56
South Australia	8	12
Tasmania	7	10
Queensland	6	8
Grand Total	105	172

Outcome data (K10, SOFAS, My Life Tracker) – National, ADHD diagnosis only

Of the 1,017 Episodes of Care that were closed in FY 2024 and that had included an ADHD diagnosis in FY 2024, **71%** (n=718) involved an improvement in at least one outcome measure used by headspace (K10, SOFAS, My Life Tracker). This compares to 70.1% of **all** Episodes of Care that were closed in FY 2024 and that had diagnosis data recorded (i.e. not limited to Episodes of Care with an ADHD diagnosis).

headspace experience data

Of the 2,592 young people who had ADHD recorded as a Primary and/or Other diagnosis on at least one occasion in FY 2024, 2,277 had headspace experience data recorded in FY 2024. The average headspace experience score for these young people was **8.2** out of 10*. This compares to an average headspace experience score of 8.1 nationally in FY 2024 (i.e. not limited to young people who had an ADHD diagnosis). Provided below is a breakdown by individual experience item for the 2,277 young people who had an ADHD diagnosis, and who had headspace experience data recorded, in FY 2024.

*The response scale for the headspace experience items ranges from 1 (not at all) to 10 (very much). The average response ratings are based on the count of total responses. More detail on the headspace experience tool: [Full article: Development and Validation of a Routine Session-by-Session Experience Measure for Youth Mental Health Services: My Youth Mental Health Session Experience \(MySE\)](#)

	Average response score among young people with an ADHD diagnosis
How willing are you to be at headspace?	8.5
Do you feel that headspace is helping you to work on the issues that are important to you?	8.2
Do you feel listened to and understood at headspace?	8.7
Do you feel things are improving for you since attending headspace?	7.7
Do you feel more hopeful for the future since attending headspace?	7.8
Overall	8.2



headspace would like to acknowledge Aboriginal and Torres Strait Islander peoples as Australia's First People and Traditional Custodians. We value their cultures, identities, and continuing connection to country, waters, kin and community. We pay our respects to Elders past and present and are committed to making a positive contribution to the wellbeing of Aboriginal and Torres Strait Islander young people, by providing services that are welcoming, safe, culturally appropriate and inclusive.

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