

Headspace additional information

Response from Question on Notice from the public hearing held on Tuesday 3 September 2024

We have prepared a snapshot of data from Tasmanian headspace centres in **FY 2024**, along with national comparisons for this period.

As shown, when compared to national figures, young people in Tasmania were:

- More likely to be female (67% compared to 62%)
- More likely to be aged 18 years or older (51% compared to 40%)
- Equally likely to be Aboriginal and Torres Strait Islander peoples (11% alike)
- Less likely to be culturally and linguistically diverse (7% compared to 12%)
- Equally likely to be LGBTIQ+ (28% alike)
- Equally likely to be receiving support in relation to anxiety symptoms, and more likely to be receiving support in relation to depressive symptoms or sexual and reproductive health**
- Less likely to have suicidality as a concern (19% compared to 23%)
- Less likely to self-refer, and more likely to be referred by a school-based work

Item category	Item response	Tasmania	National
Gender	Female	67%	62%
	Male	28%	32%
	Other gender	5%	6%
Age at first service	12 to 14	22%	29%
	15 to 17	27%	31%
	18 to 20	23%	19%
	21 to 23	19%	15%
	24 to 25	9%	6%
Aboriginal and Torres Strait Islander peoples	N.A.	11%	11%

Culturally and linguistically diverse	N.A.	7%	12%
LGBTIQA+	N.A.	28%	28%
Top 5 Primary Issues *	Anxiety symptoms	33%	32%
	Depressive symptoms	22%	17%
	Sexual and reproductive health**	11%	N.A. for top 5
	Stress related	6%	7%
	Anger issues	4%	4%
	Difficulty with personal relationships	N.A. for top 5	6%
Suicidality a concern***	N.A.	19%	23%
Top 5 referral sources****	Self-referral	65%	72%
	Primary health care - GP	16%	20%
	Community service / welfare agency	4%	3%
	School-based worker	9%	3%

*Percentage figures based on all services in FY 2024 with primary issue detail recorded

** headspace Hobart, Launceston and Devonport have sexual health nurses onsite regularly, and as such it is to be expected that the percentage of young people presenting with sexual health and reproductive issues is higher in these centres, than for national services with less dedicated

***Percentage of serviced young people for who Service Providers indicated that suicidality was the primary issue or a concern for the young person on at least one occasion during the reporting period

****Percentage of all referrals that were from the referral source

