

From: [REDACTED]
To: [Reproductive, Maternal and Paediatric](#)
Subject: Feedback on Maternity Services
Date: Monday, 9 September 2024 1:57:15 PM

Good afternoon,

I want to share my experience with the maternity services on the North West Coast to help improve the care provided.

During my first birth, I ended up with a broken coccyx. I remember being in severe pain and feeling disregarded when a midwife tried to move me from the bed to the shower. I was unable to move on my own, and despite expressing my pain, it felt like my concerns were ignored. My partner had to step in and advocate for me. Unfortunately, the follow-up care was lacking. The focus seemed to be more on increasing my milk supply, which was challenging due to the strong medication I was on for my injury.

For my second pregnancy, I was eager to join the Midwifery Group Practice (MGP) program again, as I had a positive experience the first time. However, the midwife assigned to me was not the one I had previously. This new midwife was the same one who had been harsh during my first labour. I tried to set aside my previous concerns, but her abrupt manner made me uneasy. When I had my gestational diabetes test, she made me feel guilty for not altering my diet beforehand, even though I wanted an accurate result. Her reaction to my test results was not supportive. Additionally, when I requested not to have internal examinations during labour—something that had been respected in my previous birth—she told me she could not accommodate that request due to her duty of care and suggested I reconsider staying in the program with her.

Ultimately, I decided to leave the program, and it was the best decision. The midwives who attended to me during labour were exceptional—caring and attentive. I felt genuinely well cared for.

I hope this feedback helps improve the maternity services. Thank you for considering my experience.

Best regards,

[REDACTED]