

From: [REDACTED]
To: [Reproductive, Maternal and Paediatric](#)
Subject: Tasmanian Birth Trauma Inquiry
Date: Friday, 13 September 2024 6:26:21 PM

To whom it may concern,

I wanted to provide my experience with birth in North West Tasmania in an endeavour to help with much needed improvements in maternity services in our state.

I gave birth to my first son in [REDACTED] via the public system and I had access to Midwifery Group Practice. While I was extremely lucky to be in the MGP (continuity of care is something every birthing person should have access to), there were certain staff members at the hospital (particularly the anaesthetist) who did not treat me with the compassion I required at such a vulnerable time. I was also provided with methods of intervention far too willingly. All of these aspects resulted in birth trauma.

I have just birthed my second son a couple of months ago at home via privately practicing midwives and the experience was worlds apart. The care I received this time throughout my whole pregnancy, birth and postpartum (which I'm still receiving and I believe will continue to receive for years to come from these wonderful women) was too incredible to be described. My midwives had belief in me and my body, my baby, and their skills and, unlike so many care providers I have come into contact with through the hospital system, these private midwives fully trust in the physiological birth process. This experience and level of care has been something I wish all birthing people could experience.

Kind Regards,
Hannah