

From: [REDACTED]
To: [Reproductive, Maternal and Paediatric](#)
Subject: Select Committee on Reproductive, Maternal and Paediatric Health Services Content:
Date: Monday, 16 September 2024 8:15:39 PM
Attachments: [Maternal Paternal Assisted Procedure - The Bays Hospital.pdf](#)
[MAC: How to Prepare the Patient.pdf](#)
[Finding a Way Forward.pdf](#)
[systematicreviewbirthplansBelletal.pdf](#)

[REDACTED]
Dear Secretary,

I am writing to the Select Committee as a Postpartum Education and Care Professional working with Mothers in Launceston. I wish to give a voice to what my mums are telling me. They would like to see the following put into place;

- Publicly funded postpartum doulas.
- Not risk based care - but instead individualised women centred care. Do not restrict privately endorsed midwives to only take on "low risk" clients. All women deserve the choice to work with a private midwife and have continuity of care.
- A birthing centre/ maternity hospital in Launceston away from the mainstream hospital.
- A publicly funded home-birth scheme. It is absolutely absurd that Tasmania is the only state in Australia that doesn't offer this.
- Maternity Carers all to have training in "The Birth Map" by Catherine Bell. In order to offer education and all the options in a manner so that maternal communication and decision-making processes can be made in an informed manner. Please see supporting documents attached and [REDACTED]
[REDACTED]
- Get rid of BMI screening. Assessing health using BMI, and not thoroughly understanding each individual's unique lifestyle, does such a disservice to plus size pregnant women. It creates unnecessary fear, coercion and potential unwanted interventions. Anti-fat bias is rife within the hospital setting, especially during pregnancy.
- More funding and availability for mothers to access MGP care.
- Train midwives and obstetricians how to deliver breech birth. It is a variation of normal and doing a Caesarean section on every breech is not the right way. We need to reduce our Caesarean rate. The world health organisation recommends it should be at 10%. We are currently at 38%!
- Renovate the LGH birthing unit, it is outdated and a gloomy place to give birth.
- Offer mother's a Maternal Assistant Caesareans at the LGH if they would like one. Sadly currently this is not an option for Launceston mothers. I have attached documents on how to do this from Dr Natalie Elphinstone.

Thanks for listening!

With gratitude,

